



NIBBLES & SIDES

Olives (vg, gf) £4 - Fries (vg) £3.5 - Sweet potato fries (vg) £4.5 - Chips (vg) £4 - Spiced halloumi fries (v) £5.5 - Buttered new potatoes (v, gf) £3 - House salad (vg, gf) £3

TO START

Chorizo tacos - 2 x Flour tortillas, avocado, lettuce, tomato salsa, & garlic & lime mayo £7.5

Halloumi tacos - 2 x Flour tortillas, avocado, lettuce, tomato salsa & sweet chilli sauce (v) £7.5

Goat's cheese & beetroot salad with rocket & balsamic dressing (v, gf) £6.5

Available from 5pm Mon-Fri & from 3pm Sat

Whitebait - Deep fried in a crisp crumb with tartare sauce £6.5

Baked flat mushroom - Rich tomato sauce & a panko herb crumb (vg) £6.5

Available from 12-3pm only

Open sandwiches on baked ciabatta

Steak & caramelised red onion £9.5

Roasted red pepper, mushroom & avocado (vg) £7

Smoked bacon, brie & cranberry £7

Chicken Fajita wrap - Grilled chicken breast, red peppers, lettuce, cheese, garlic & lime mayo in a flour tortilla, with sweet potato fries £11.5

Chorizo Hash - Sautéed new potatoes, chorizo, red onion, red peppers, goats cheese, all topped with a fried egg (gf) £11

BURGERS - Served in a toasted floured bun, with skin on fries

The Anchor - Beef burger with smoked bacon, cheddar cheese, lettuce & burger sauce £14.5

Spicy Chick - Grilled chicken fillet in a spiced rub, with garlic & lime mayo, lettuce, brie & avocado £14.5 (**Available from 5pm Mon- Fri & from 3pm Sat**)

PLANT BASED

Vegan burger – Asian vegan patty, lettuce, sweet chilli sauce & avocado with sweet potato fries (vg) £13

Vege teriyaki rice bowl - sautéed vegetables, rice, teriyaki sauce, topped with black and white sesame seeds and spring onion (vg) £10.5

Mediterranean quinoa - with grilled vegetables & roasted beetroot (vg, gf) £10

ANCHOR SALADS

Grilled Halloumi - Lettuce, olives, cucumber, cherry tomatoes, red onion, grilled halloumi cheese in an olive oil and oregano dressing (v, gf) £11.5

Chicken & bacon Caesar - Romaine lettuce, shaved parmesan, herb croutons, grilled chicken breast & smoked bacon in a classic Caesar dressing £12.5

LARGER PLATES

Fish & chips - Beer battered cod fillets with chunky chips, peas & home-made tartare sauce £15

Chicken teriyaki rice bowl - Chicken breast, rice, sautéed vegetables in a rich teriyaki sauce topped with black and white sesame seeds & a fried egg £13.5

Moroccan kofta - Spiced beef kofta, served with a flour tortilla, smashed avocado, tomato salsa & a salad £13

Grilled gammon - 10oz Gammon steak with grilled pineapple, a fried egg, chunky chips and salad £14.5

Available from 5pm Mon-Fri & from 3pm Sat

Grilled Sirloin Steak - 10oz hand cut sirloin with field mushroom roasted cherry tomatoes & chunky chips £23
Add: Peppercorn sauce £3 or Garlic & herb butter £2

Pan fried seabass - Seabass fillets with roasted new potatoes, grilled courgettes, a rich tomato sauce & herb oil (gf) £19

Chorizo & courgette pasta - Penne pasta with chorizo & courgette in a tomato & cream sauce served with shaved parmesan £12

Please be aware that all our food is prepared fresh in a kitchen where nuts, cereal containing gluten and other allergens are present. If you have any food allergens or intolerance, please speak to a member of the team who will be happy to help. Please note fish may contain bones.

(gf) – Gluten free ingredients (vg) – Vegan (v) – Vegetarian